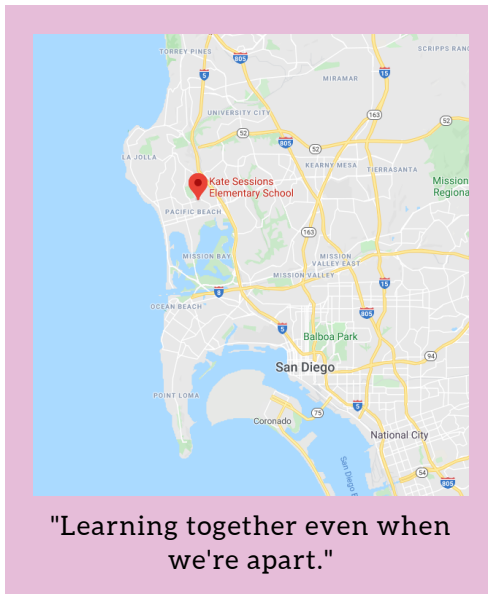


SEAHAWK HANDBOOK 2020-21



KATE SESSIONS ELEMENTARY

2150 Beryl St., San Diego, CA 92109
(858) 273-3111



Key Sessions Contacts

Tracey Makings | Principal
tmakings@sandi.net

Nancy Crocker | School Assistant
jncrocker@sandi.net

Melissa Zamora | School Clerk
mzamora1@sandi.net

Back-To-School-Guide

San Diego Unified School District has created a back-to-school guide for students and families to know how school will return and what the current steps for online learning are and where to find certain resources. Take a moment with you and your family to review this guide: <https://online.flippingbook.com/view/884625/>

WELCOME BACK SEAHAWKS!

It is with great pleasure that I welcome all our returning and new students to the 2020-2021 school year here at Sessions Elementary. This year is going to look like no other, as we start off by opening the year in online learning format. While this is not what any of us have planned, our staff and teachers having been working hard behind the scenes to make this the best year yet. Sessions Elementary is an authorized International Baccalaureate (IB) World School and we are proud of the work that our students do to expand their minds and are going to be working hard to maintain that rigorous academic approach to learning that our students and families have come to know. As you and your students work through this year keep the IB Learner Profile in mind and know that we are focusing students to become – Communicators, Caring, Principled, Reflective, Knowledgeable, Balanced, Open-Minded, Risk-takers, Thinkers and Inquirers.

Thank you for your continued support of our school and we look forward to an excellent school year.

TRACEY MAKINGS, M.ED.
PRINCIPAL, SESSIONS ELEMENTARY SCHOOL
TMAKINGS@SANDI.NET



2020-21 Traditional Academic Calendar

District Holidays, Non-Student Days

Please plan vacations and appointments during these days.

<p>August</p> <ul style="list-style-type: none"> • 31, First Day for Students. 	<p>September</p> <ul style="list-style-type: none"> • 7, Holiday: Labor Day 	<p>October</p>	<p>November</p> <ul style="list-style-type: none"> • 11, Holiday: Veterans Day Observance • 23-27, Thanksgiving Break
<p>December</p> <ul style="list-style-type: none"> • 21, First day of Winter Break 	<p>January</p> <ul style="list-style-type: none"> • 4, School Returns • 18, Holiday: Martin Luther King Jr. Day 	<p>February</p> <ul style="list-style-type: none"> • 12, Holiday: Lincoln Day • 15, Holiday: Washington Day 	<p>March</p> <ul style="list-style-type: none"> • 29, Spring Break Begins
<p>April</p> <ul style="list-style-type: none"> • 5, School Returns from Spring Break 	<p>May</p> <ul style="list-style-type: none"> • 28, Non instructional day • 31, Holiday: Memorial Day 	<p>June</p> <ul style="list-style-type: none"> • 15, Last day of school 	



IB LEARNER PROFILE

For more information please visit: <https://www.ibo.org/>

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

Reflective:

We know what we do well and what we don't. We try to think about these things and make changes where we can.

Open-Minded:

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

Risk-takers:

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

Caring:

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

Reflective:

We know what we do well and what we don't. We try to think about these things and make changes where we can.



Principled

We have a sense of fairness and are honest with ourselves and with others. We have an understanding of moral reasoning.

Knowledgeable

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

Inquirers

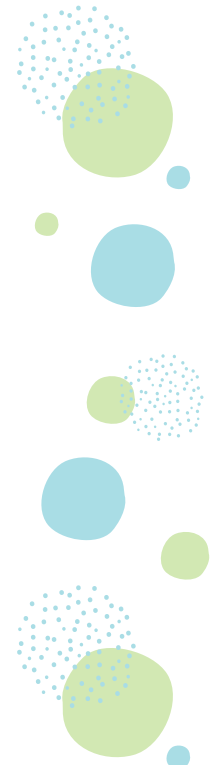
We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

Communicators

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

Thinkers

We use critical and creative thinking skills to analyze and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.



ONLINE LEARNING EXPECTATIONS

Getting ready for your class meeting:

- Make sure you have completed any pre-class preparation so you'll be ready to learn!
- Work with your family to find a quiet space that won't disturb other people in your house and won't distract you from learning.
- What do you want to achieve today?
- Prepare your learning space. You want a clear workspace to write and work!
- Check to see that your first and last name are on the screen.

During class meetings:

- Listen carefully and ask questions!
- Use reaction buttons to let your classmates know when you agree or disagree and give thumbs up or a round of applause to encourage them.
- The hand raise button helps us all know when you have something important to say!
- When you are not speaking please mute your microphone.
- Turn off your cellphone and turn off notifications on your computer so you aren't distracted.

At the close of the class meeting:

- Review the goals you set for the day. Did you achieve them?
- Ask clarifying questions so you can fully understand the learning intentions. Did you achieve the learning intentions?
- Make sure you know how to access assigned learning tasks to prepare for the next meeting.



Connecting Away From School

Internet (Wifi) access may be necessary for completing assignments.

- Connect to a **home** wireless network.
- Connect2Complete is a partnership with SDSU & Cox
- Apply for a hotspot by calling (619) 260-2460

District Provided Learning Platforms



District Provided Communication Platforms



Technical Support

Troubleshoot the problem or ask your teacher!

https://drive.google.com/file/d/1-5yfm7PO_QkhTKLm86lhLvZ548UWCHxr/view?ts=5ed7ebe1

LINKS AND RESOURCES

Parent Support: Conversations at Home



Learning with Technology

Privacy and Online Safety

News and Media Literacy

Social Media

Cyberbullying

Screen Time

Cellphones

Technology Addiction

Character Strengths & Life Skills

Scope & Sequence of Lessons Based on Grade Level

Media Balance & Well-Being

Relationships & Communication

Privacy & Security

Privacy Cyberbullying, Digital Drama & Hate Speech

Digital Footprint & Identity

News & Media Literacy

MEET THE TEACHERS



Kindergarten

Dana Hamilton - TK | Classroom #1
dhamilton3@sandi.net
Joan Sanfilippo | Classroom #19
jsanfilippo@sandi.net
Jeff Corley | Classroom #6
jcorley@sandi.net
Nancy Peters | Classroom #20
nmacmurray@sandi.net
Lori Barker | Classroom #7
lbarker1@sandi.net

1st Grade

Lisa McDonald | Classroom #9
lmcDonald3@sandi.net
Carolyn Willis | Classroom #8
cwillisi@sandi.net
Ann Abuhl | Classroom #3
aabbuhl@sandi.net

2nd Grade

Yvonne Kenyon | Classroom #10
ykenyon@sandi.net
Megan Sussman | Classroom #11
msussman@sandi.net
Laura Carlson | Classroom #12
lcarlson2@sandi.net

Support Staff

Rosemarie Cocco | Ed. Specialist
rcocco@sandi.net
Elizabeth Kasdan | Ed. Specialist
ekasdan@sandi.net
Sarah Fallin | Ed. Specialist
sfallin@sandi.net
Marissa Zepf | Ed. Specialist
mzepf@sandi.net
Kari Hanson | Speech Pathologist
khanson@sandi.net
Vicky Schwartz | School Psychologist
vschwartz@sandi.net
Keashonna Christopher | Counselor
kchristopher@sandi.net
Mary Gantz | Nurse
mgantz@sandi.net
Kate Zlotnick-Hess | Military Counselor
Lori Emerson | PE
lemerson@sandi.net
Gabrielle Porkolab | Spanish
gporkolab@sandi.net
Jessica Cohen | Librarian
Michaela Rankin | Library Assistant
Cori Meara | Art
Jeff Flanagan | BSSIII

3rd Grade

Darcy Finegan | Classroom B4
(Mon.-Thur.) - dlist@sandi.net
Laura Bennett | Classroom B4
(Fri) - lbennett1@sandi.net
Cindy McConnell | Classroom #13
cmccConnell@sandi.net
Jennifer Deaton | Classroom #14
jbarnes3@sandi.net

4th Grade

Christine Gage | Classroom B1
cgage@sandi.net
Becky Kosen | Classroom B5
rkosen@sandi.net

5th Grade

Janice Hendricks | Classroom #15
jhendricks@sandi.net
Julia Moore | Classroom B3
(Mon.-Thur.) jmoore1@sandi.net
Karen Tennen | Classroom B3
(Fri.) ktennen@sandi.net



GOALS FOR THE YEAR

Set a goal! Work hard! Be proud! Fly your future!



My **math** goal for the year is:

Three things I can do to work on my goal this year are:

1. _____
2. _____
3. _____

My **science/technology** goal for the year is:

Three things I can do to work on my goal this year are:

1. _____
2. _____
3. _____

My **reading/writing** goal for the year is:

Three things I can do to work on my goal this year are:

1. _____
2. _____
3. _____

My **personal** goal for the year is:

Three things I can do to work on my goal this year are:

1. _____
2. _____
3. _____